





Corps of Prison and Court Guard of Slovak republic

Intervention programme for perpetrators of DV in Slovak prisons

Juraj Zajac Leuven, 2021

Instructions before viewing a short film

- Create 4 smaller focus groups
- Each group will have slightly different topics to focus at, discuss and different question to answer and present afterwards

Focus groups:

- Group no.1 Perpetrators' group try to view a film from perpetrator's perspective
- Group no.2 Victims' group try to view a film from victim's perspective
- Group no.3 Helping profession experts' group try to view a film from helping profession expert's perspective (psychologist, social worker, etc.)
- Group no.4 Judicial experts' group try to view a film from judicial expert's perspective (police officer, prosecutor, judge)

Short film as an instrumental tool for work with perpetrators



Group no.1 – Perpetrators' group - try to view a film from perpetrator's perspective

- Does man in film consider his behaviour to be violent?
- How he may feel, what he may think and how he behaves?
- What he intends to do and what are the consequences?

• Try to identify 3 most important factors necessary for effective intervention programme from perpetrator's perspective?

Group no. 2 – Victims' group - try to view a film from victim's perspective

- Does woman in film consider man's behaviour to be violent?
- How she may feel, what she may think and how she behaves?
- What she intends to do and what are the consequences?

 Try to identify 3 most important factors necessary for effective intervention programme for perpetrators of DV from victim's perspective?

Group no.3 – Helping profession experts' group - try to view a film from helping expert's perspective (psychologist, social worker, etc.)

- Does helping profession expert see violence in man's behaviour?
- What types of violence are there?
- Describe interpersonal dynamics between partners from helping expert's perspective?
- Try to identify 3 most important factors necessary for effective intervention programme for perpetrators of DV from helping profession expert's perspective?

Group no.4 – Judicial experts' group - try to view a film from judicial expert's perspective (police officer, prosecutor, judge)

- Does judicial expert see violence in man's behaviour?
- If yes, what types of violence behaviour are there?
- Describe interpersonal dynamics between partners from judicial expert's perspective?

 Try to identify 3 most important factors necessary for effective intervention programme for perpetrators of DV from victim's perspective from judicial expert's perspective?

Philosophy of programme

- Based on **Duluth model** (power and control model)
- Application of Socioecological model
 - We need to tackle DV from various levels at the same time (individual, relationship, community, socio-cultural), because root causes of DV are fuelled by all these levels
 - Root causes of violent behaviour are fuelled by family patterns, childhood experiences of abuse, gender inequality, inadequate responses of police or judicial system, social norms and cultural structure that approve or empower such a behaviour, etc.

Principles of programme

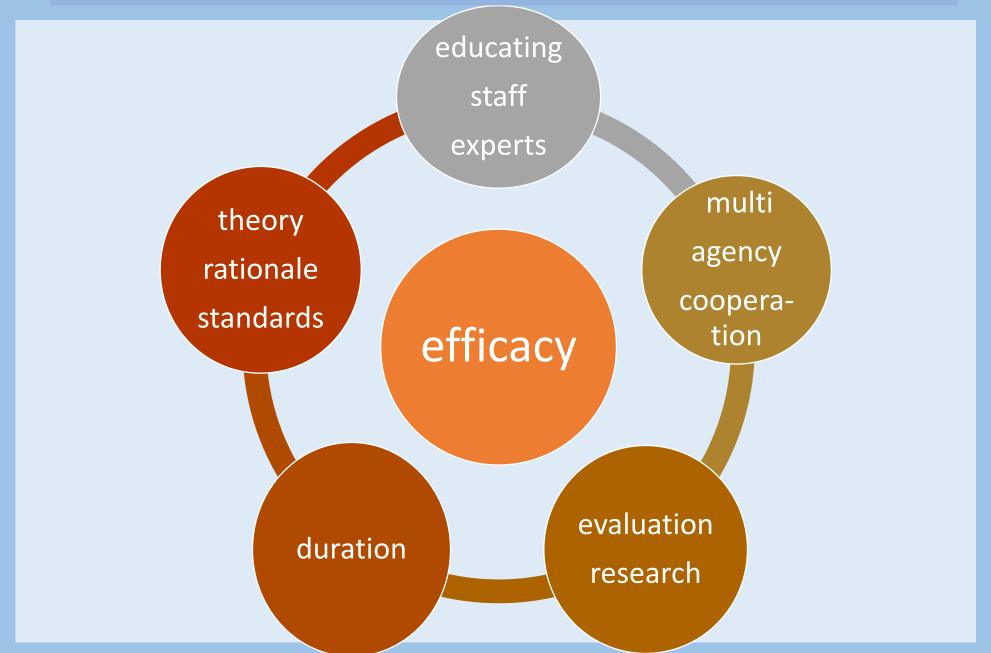
- Perpetrators are always accountable for abuse and violent behaviour
- Safety of victims is priority
- Violent behaviour is an intentional choice of a person that is used to control and dominate intimate partner
- Violent behaviour can be changed, or unlearned

Important parts of the programme

- Perpetrators learn to recognize what is violence not only physical violence
- Perpetrators learn to associate their feelings and thoughts that are related or lead to violent behaviour
- Perpetrators need to analyse their intentions and consequences of violent behaviour for victim, perpetrator, family
- Perpetrators are facilitated to empathize with victims
- Perpetrators learn how to better control their emotions, impulses and behaviour
- Perpetrators learn new nonviolent communication patterns



Efficacy of DV perpetrators programmes







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Dr. Juraj Zajac Corps of Prison and Court Guard of Slovak republic

juraj.zajac@zvjs.sk; jurajzajac40@gmail.com