



In the Post-Release Support Service we work so that the inmates' **SOCIAL NETWORK** increases and becomes more solid and stable.

# WHAT IS IT ABOUT?

The Post-Release Support Service is defined as a program in which professionals offer support in the process of transiting back into the community, to people in an exceptionally vulnerable state, due to a lack of social network. Global supervision and support in building a new itinerary of life out of prison begins, through the creation of a stronger and more solid social and environmental link, to prevent them from relapsing into criminal activity.

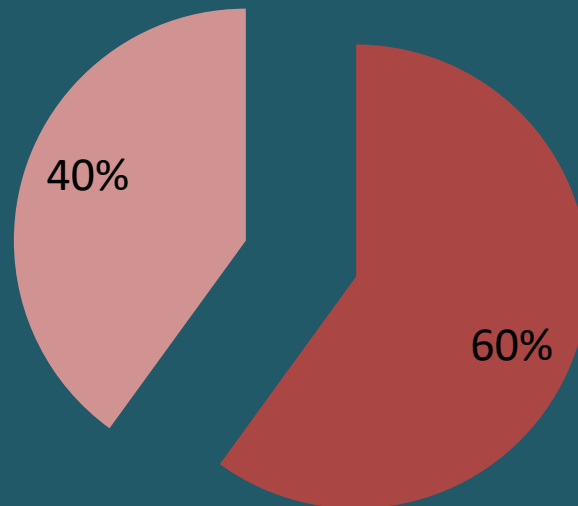
## WHY IS IT NECESSARY?

**3 of every 5 inmates (60%) are released without a progressive transition into the community, and also without professional supervision. It's necessary to think about new systems and programs that work on reducing the risk of recidivism**

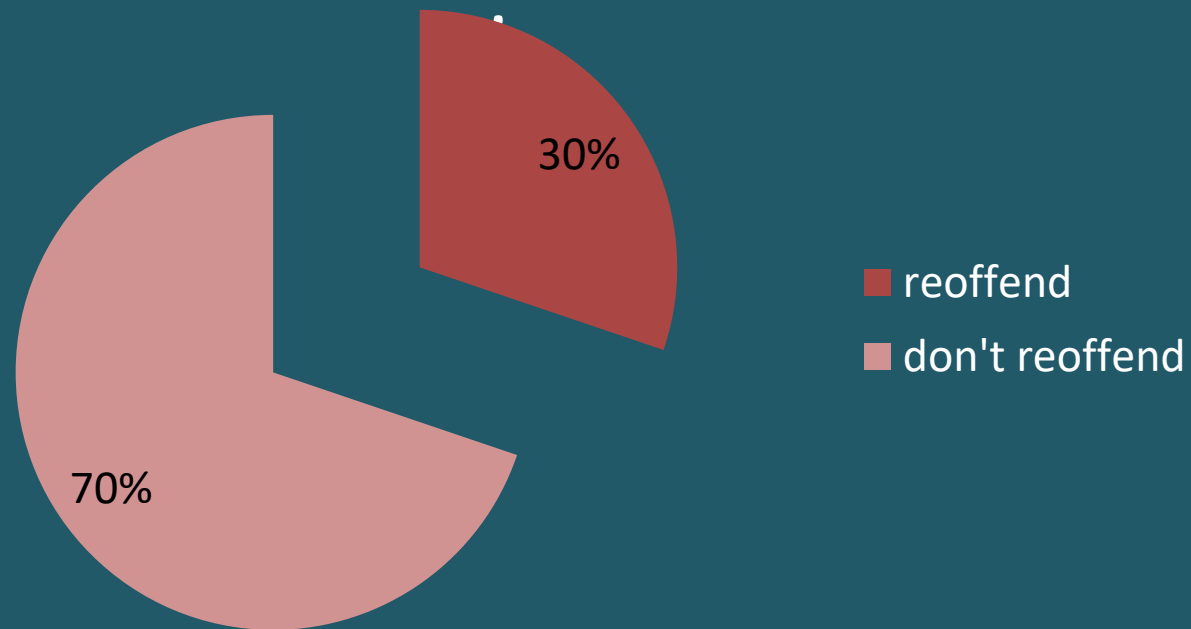
**(incarceration in 2n degree: causes and consequences, Josep Cid Moliné and Beatriz Tébar Vilches, in collaboration with Aina Ibañez i Roig)**

# In Catalonia 60% of the people are released without a transition plan to the community

- PEOPLE WHO ARE RELEASED IN 2ND DEGREE
- PEOPLE WHO ARE RELEASED IN OTHER SITUATIONS

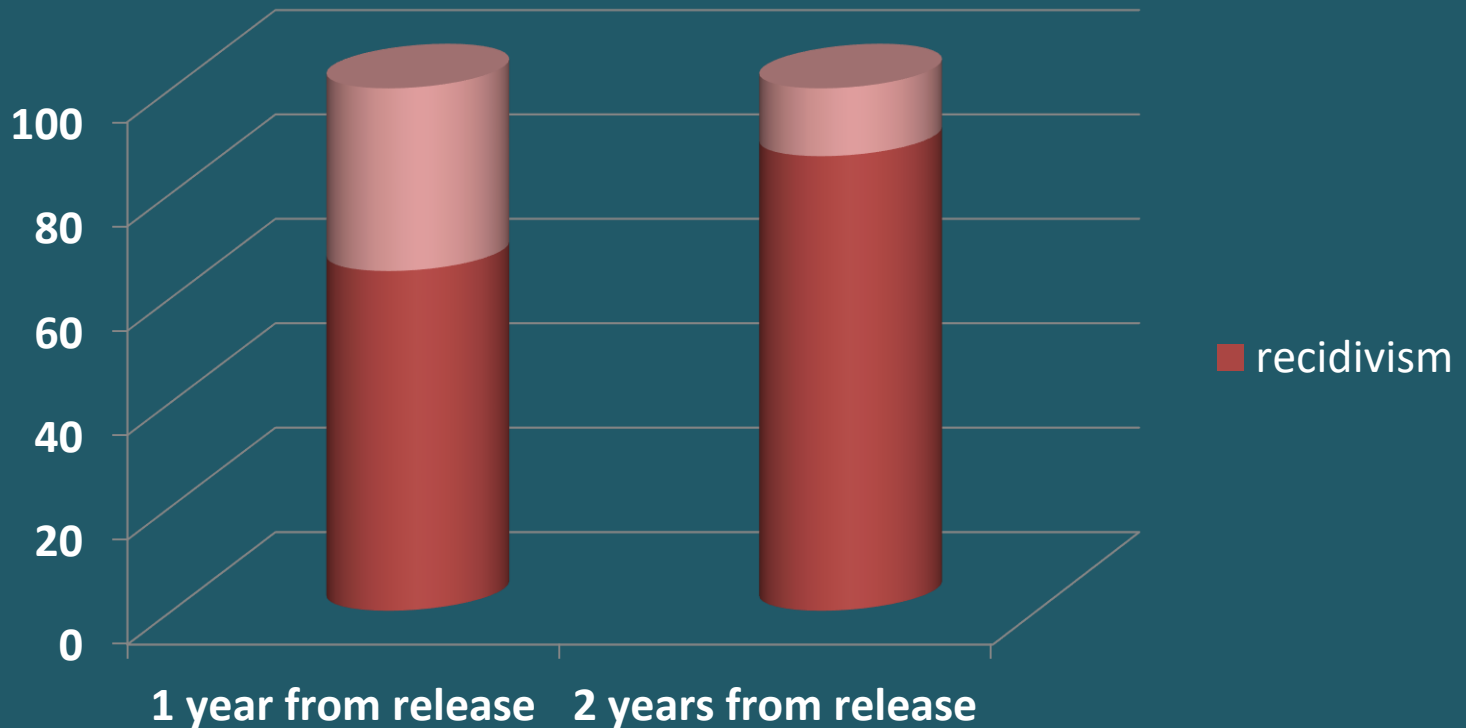


The recidivism index in Catalonia is of 30%. 7 out of 10 released inmates don't re-offend.



Executive report of penitentiary recidivism 2018, authors :Àrea d'Investigació i Formació Social i Criminològica CEJFE

**Of those who offend, 65% do in their first year and 87% during the second year, after being released from prison.**



# HOW DO WE MAKE IT REAL?

Three months before the inmate is released, those people who fit the profile are referred from the professionals in the penitentiary center.

Then the intervention starts. An intervention plan is created with the knowledge and participation of the subject and a “contract” is signed offering a collaborative intervention of 8 months.

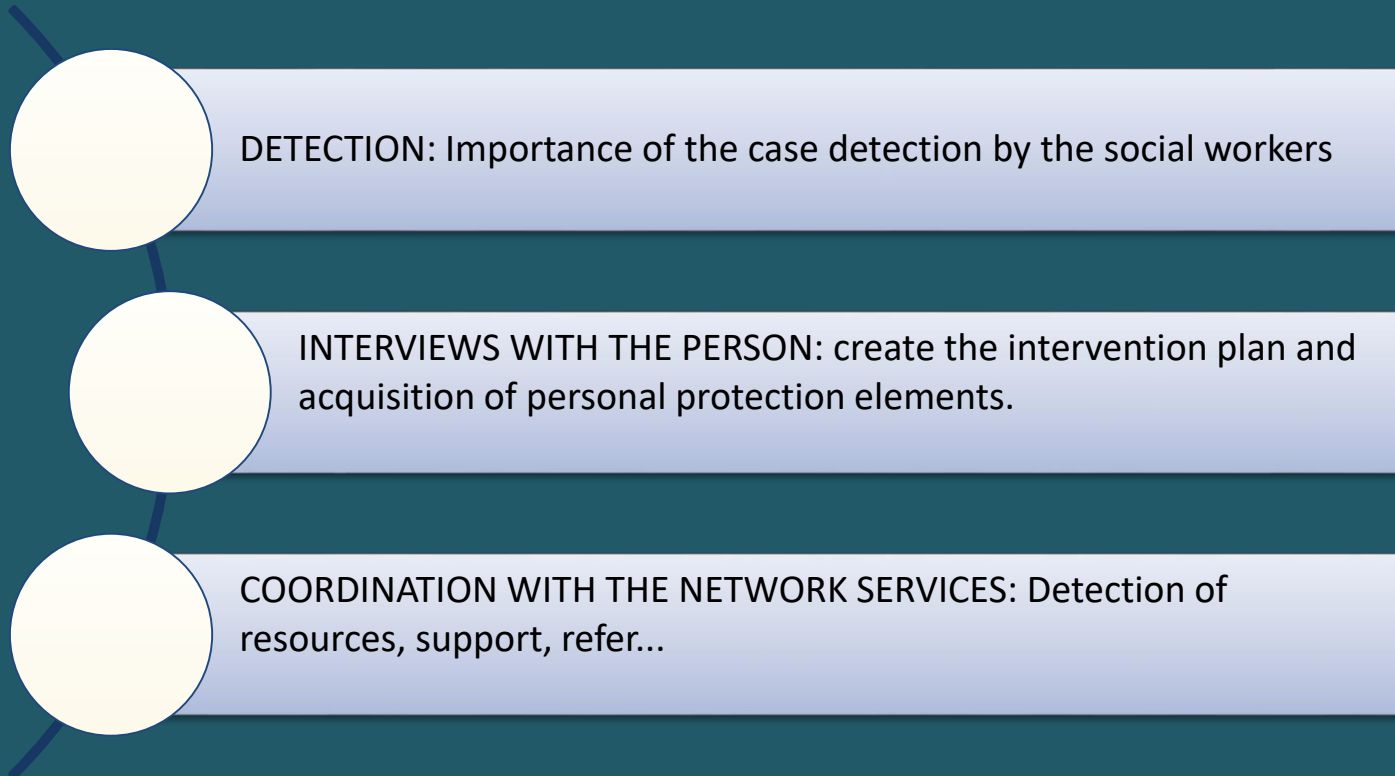
Once the person is released, a global supervision and support plan begin, building a new itinerary of life out of prison.

In PSS we coordinate with their future social and environmental network (social services, families and health centers).



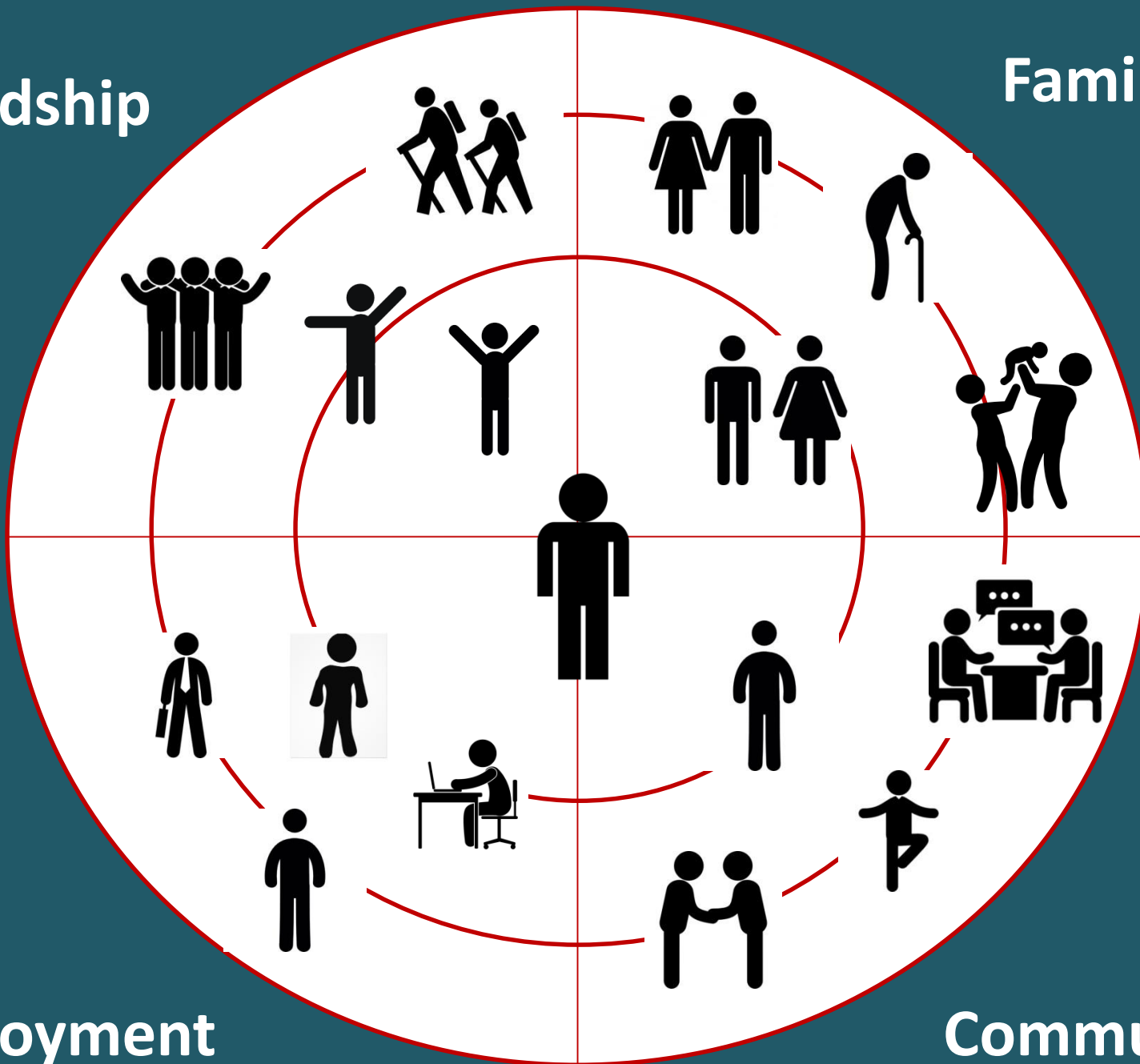
# HOW DO WE MAKE IT REAL?

Duration: 8 months after the release



Friendship

Family



Employment

Community

# **NECESSITIES in life out of prison:**

- Lack of residence in the release**
- The process of recuperating the family relationship and responsibilities**
- The approach to drug consume**
- The lack of a work itinerary**
- Support to mental health**

# **FUTURE CHALLENGES**

**Increase social capital having basic necessities already covered**

**Support the creation of an informal network**

**More territorial presence**

**Volunteers**



**THANK YOU**