

How to Promote Change

*Strengthening the Professional Role
within Restorative Justice, Probation
Services, and Prisons*

PROGRAMME

1 - 4 July 2025

CEJFE, Barcelona

prisons • probation • restorative justice

**CRIMINAL JUSTICE
PLATFORM EUROPE**

SUMMER COURSE 2025



Funded by
the European Union

Schedule

Tuesday 1 July	Wednesday 2 July	Thursday 3 July	Friday 4 July
	9:00 – 11:00 Parallel workshops Cycle 1 / Session 2	9:00 – 12:00 Study visits	9:00 – 11:00 Parallel workshops Cycle 3 / Session 2
	11:00 – 11:30 <i>Break</i>		11:00 – 11:30 <i>Break</i>
	11:30 – 13:30 Parallel workshops Cycle 2 / Session 1		11:30 – 12:30 Plenary closing of the Summer Course
13:00 – 14:00 Registration		12:00 – 14:00 <i>Free time for lunch</i>	
14:00 – 15:00 Welcome & Plenary	13:30 – 15:00 <i>Free time for lunch</i>	14:00 – 16:00 Parallel workshops Cycle 3 / Session 1	
15:00 – 15:30 <i>Break</i>	15:00 – 16:00 Parallel workshops Cycle 2 / Session 2		
15:30 – 17:30 Parallel workshops Cycle 1 / Session 1	16:00 – 16:30 <i>Break</i>	16:00 – 16:30 <i>Break</i>	
	16:30 – 17:30 Parallel workshops Cycle 2 / Session 3	16:30 – 17:30 Plenary	
18:00 – 19:00 Reception			
	20:00 Joint course dinner		

Group Itineraries

	Cycle 1	Cycle 2	Cycle 3
	Tuesday 15:30 – 17:30 & Wednesday 9:00 – 11:00	Wednesday 11:30 – 13:30 & 15:00 – 16:00 & 16:30 – 17:30	Thursday 14:00 – 16:00 & Friday 9:00 – 11:00
Group "P"	C) What is Change and Transformation	B) The Power of the Working Alliance	A) Restorative Communication Skills
Group "S"	A) Restorative Communication Skills	C) What is Change and Transformation	B) The Power of the Working Alliance
Group "T"	B) The Power of the Working Alliance	A) Restorative Communication Skills	C) What is Change and Transformation

How to Promote Change

Strengthening the Professional Role within Restorative Justice, Probation Services, and Prisons

The members of the Criminal Justice Platform Europe (CJPE) are pleased to invite you to Barcelona for the **7th edition of the International Criminal Justice Summer Course**.

Drawing on the inspiration of previous editions, the 2025 Summer Course focuses on the innovative theme of: "*How to Promote Change: Strengthening the Professional Role within Restorative Justice, Probation Services, and Prisons*". This year's course will delve into the crucial role of professionals in fostering positive transformation in criminal justice settings.

The course will explore strategies for enhancing professional practice, improving interactions with clients, and creating organisational cultures that support meaningful change. The three interactive workshops will examine different but interconnected aspects of this theme. This Summer Course will keep the format of last year's edition. So just like in 2024, all participants will get the chance to attend each of the workshops and in rotating cycles. In this way every attendee can create their own bigger picture about promoting progressive transformation.

One of the workshops will focus on the restorative approach to conflicts, equipping participants with key communication skills and techniques to de-escalate tensions and foster understanding. Another workshop will take an introspective approach, exploring how self-awareness, emotional resilience, and well-being shape professional relationships and improve the effectiveness of justice interventions. In addition it will broaden the perspective to examine how relationships between colleagues and teams influence workplace culture and the ability to implement lasting reforms. Finally, the third workshop will offer key considerations in conceptualising transformation and how these influence and inform the daily practice of criminal justice professionals.

As every year, alongside the workshops, the Summer Course will include thought-provoking plenary sessions and study visits to organisations in Barcelona to provide a comprehensive, hands-on learning experience.

The goal of this year's course is to inspire fresh perspectives, equip participants with practical tools, and facilitate knowledge exchange across different European criminal justice contexts. By bringing together a diverse group of practitioners, this event offers an invaluable opportunity to build networks, share experiences, and develop innovative approaches to justice reform.

We really look forward to welcoming you to Barcelona for an enriching and dynamic learning experience!

Workshops

Workshop A)

Restorative Communication Skills

The working context of criminal justice professionals exposes them to violence and conflicts. The way we look at these, and the way we respond to them, the way we formulate a question, even the way we think about a solution can change the outcome of our work, the dynamic of a relationship, and the development of a situation.

Starting from the basic standards and principles of restorative justice this workshop will focus on the potential and practical benefits of the use of a restorative approach in dealing with conflicts and harms.

Through small group activities, role-play and individual or common reflections, the participants will have the opportunity to learn or refresh specific tools, key communication skills and practices that will empower them to de-escalate tense situations in efficient and safe way, foster active listening, addressing underlying motives, and redress and guiding individuals toward needs-based dialogues.

The workshop offers the tools of the restorative approaches to unlock the power of restorative conversations and learn how to use it in daily work and life.

Trainer

Daniela Arieti

Daniela Arieti is an experienced mediator and facilitator of restorative justice programs. After her master degree in sociology she earned a postgraduate degree in criminology and a professional qualification in penal mediation and restorative justice. Since 2009 she works in a restorative justice centre in Trento, Italy, developed by the local government Trentino Alto Adige. She works with both juveniles and adults, with regard to any kind of crimes, as stated in the Italian legislation. She is also a trainer in the restorative justice field. Currently her work is focusing on the development of restorative justice during the execution of the sentence.



Since 2022 she is coordinator of a working group with the aim of implementing restorative justice in the local prison. She is a member of the working group of the European Forum for Restorative Justice on "Restorative justice and imprisonment".

Workshops

Workshop B)

The Power of the Working Alliance **Effective Ways to Achieve Meaningful, Sustainable** **Change Through Relationships**

Theme 1 The Heart of Change - Justice, Self-Compassion, and Connection

In an era where justice must evolve to meet the complexities of our world, Justice 2.0 calls for a radical shift. One that centres relationships at the heart of change. In this immersive session, we explore the important role of connection in shaping global justice reform, focusing first on the most important relationship of all: the one we have with ourselves.

Through an engaging and reflective session, we will uncover the power of self-compassion, wellbeing, and emotional resilience in the face of vicarious trauma. How can we nurture our inner world to sustain meaningful relationships with those we support? How do we navigate the dynamic and often challenging nature of professional relationships within the criminal justice system?

Drawing on the Dynamic Model of Professional Relationships, this session will guide practitioners through the art of building, repairing, and deepening relationships with those who offend—maximising the potential for real, lasting change.

Theme 2 Beyond the Individual - Relationships That Transform Culture

Change does not happen in isolation. If relationships shape individuals, then collective relationships shape the cultures we work in. This second theme shifts focus to the relationships between colleagues, teams, and wider networks within criminal justice settings.

How do we foster trust, collaboration, and a shared vision in environments often characterised by stress, hierarchy, and competing priorities? How do we challenge toxic cultures and create spaces where everyone, staff and service users alike, can grow?

This theme will explore the ripple effect of strong relationships, demonstrating how they can transform not only individual interactions but the very culture of an organisation. Through practical strategies and real-world insights, participants will leave with the tools to build a relationally rich, change-focused workplace—where reform is not just a policy but a lived experience.

Workshops

Trainer

Dr Sarah Lewis



Dr Sarah Lewis is the Director of Penal Reform Solutions (PRS) and Grow Transform Belong CIC. PRS operates internationally to foster cultural change across the Criminal Justice System, while Grow Transform Belong focuses on preventative work in schools and community reform through the Justice 2.0 campaign. Both organisations deliver training, coaching, and research to develop an effective and compassionate Criminal Justice System.

Dr Lewis began her career in psychological interventions in Probation in 2004 before joining the University of Portsmouth, where she trained Probation Officers and taught Criminology and Criminal Psychology.

She champions transformative practice rooted in relationships, humanity, and connection. As co-founder of the Growth Alliance and the Growth App, Dr Lewis drives global systems change in corrections, emphasising compassion, collaboration, and lived experience. She is extensively published in relational practice and culture change, and the author of *Therapeutic Correctional Relationships*, a practitioner's guide to building and repairing relational connections in correctional practice.

Dr Lewis is a Senior Consultant for the Council of Europe, providing strategic consultancy, rehabilitative programme design and training to practitioners leaders both in Europe and additionally in the Middle East and Asia. She is also an advisor for the Scottish Accreditation Panel of Offender Rehabilitation, TIDES (Trauma Informed DESistance) and the Inspectorate of Probation.

Through her podcast, *Growth Uncut*, Sarah Lewis amplifies voices aligned with her vision of meaningful justice reform. GTB have recently co-created an accredited online learning for busy professionals working with people who offend, aimed at enhancing effective practice and promoting staff well-being. Her work continues to shape a more humane and impactful approach to criminal justice.

Workshops

Workshop C)

What is Change and Transformation (draft title)

Abstract coming very soon.

Trainer

Maciej Kalaman



Maciej Kalaman, M.A. in Psychology, is an accomplished psychotherapist with a specialisation in both psychodynamic and systemic modalities. A graduate of the Warsaw International Studies in Psychology at the University of Warsaw, he further honed his expertise by completing an intensive four-year training programme at the Systemic Psychotherapy Centre in Krakow—an initiative endorsed by the Polish Psychological Association and now in the certification phase. He also deepened his practical skills through postgraduate studies in Crisis Management at the National Defence Academy.

Throughout his career, Maciej has provided psychological support across a wide spectrum—from children and adolescents to adults—working in esteemed institutions such as the Institute of Psychiatry and Neurology in Warsaw and within detention centres.

Since 2015, he has been an integral part of the Polish Prison Service, dedicating seven years to offering psychological services to incarcerated individuals. Currently, he is affiliated with the University of the Prison Service, where he plays a key role in coordinating international projects and promoting global co-operation, alongside managing his private psychotherapy practice.

In addition to his clinical work, Maciej is a respected educator and trainer, frequently leading lectures and workshops on forensic psychology and related fields. He also contributes his expertise as a product development specialist at the Therapy Guide startup. His unwavering commitment to professional growth is further demonstrated by his active participation in national and international conferences, involvement in Council of Europe projects, and collaborative efforts in organising major training events.

Plenaries

Zuivere Koffie **Jemuel Lampe**

"You (also) have to look at a prison as a place for recovery," was said to **Jemuel Lampe**, founder of Zuivere Koffie, the world's first prison coffee roasting plant. In 2015, he received the opportunity to start his social enterprise within the walls of the biggest prison in the Netherlands. At a young age, he started treading criminal paths and ended up in prison several times. During those early years of violent crime, he met an entrepreneur who offered him a chance in life. It took him many years to take up that opportunity, and he started his first job at the age of 21.



Jemuel is now still "in prison", but through his two social enterprises he has helped over 170 people transition from incarceration to paid employment in freedom.

He was recently awarded the prestigious "Best Dutch Government Innovation Award 2023". He will come and share his experiences; he will bring one of the first (now former) prisoners with him and share all about his new social enterprise, where he produces the finest edible and gourmet products for famous Michelinstarred restaurants in the Netherlands.

Plenaries

Systematic Mapping with BRIK, an Applicable Approach in Working with Convicts

Kjersti Simonsen

In her presentation, Kjersti Simonsen will give an insight into how to use the mapping tool BRIK in conversations with inmates and convicts in Norwegian correctional facilities.

Measuring and evaluating change in convicts lives in correctional facilities can be a complex process, but by using the mapping tool BRIK (Needs and resources mapping) a systematic approach can be obtained. The tool is the same for inmates in prison and convicts serving sentences in the community. BRIK contains standardised questions that make it easier to compare data over time. Based on the evaluation, you can make necessary adjustments in the measures offered to better meet the needs of the convict.

It is a digital tool that will help convicts gain a better insight into their own lives, what they are good at and what resources they can be both in their own lives and in the lives of others.

Kjersti Simonsen is from Kristiansand, Norway. Grew up in Drammen in the outskirts of Oslo, but moved to Kristiansand to study social work in 2005. Has a bachelor degree in social work from the University in Agder 2008 and had the social fieldwork in The Salvation Army in Lithuania during studies. Started working in the Norwegian correctional service in 2008 and contributed to the opening of Solholmen half-way-house which back then was a part of Kristiansand high security prison. Worked with drug court and other conditional penalties in Agder probation office from 2016 and had the opportunity to use the assessment tool BRIK in conversations with the convicts. Has worked as the local manager of Solholmen half-way-house from May 2024 after finishing a master degree in political science from the University of Bergen 2024.

The mixed experience from both prison and probation has emphasised the importance of working based on the needs and resources of the convict. Transitional housing accepts inmates of all conviction categories and I work continuously so that the employees can create a supportive environment that promotes rehabilitation and reintegration.



Plenaries

Achieving Change Through Policy Reform

Eduardo Santos Itoiz

This presentation will explore resilience in trauma-informed practice with criminalised women. It will interrogate understandings of resilience from a gendered perspective, with a focus on the impacts of shame and stigma on resilience. It will consider women's offending as an expression of resilience. It will merge ideas around desistance and trauma-informed practice to examine how we might recognise and nurture resilience, particularly shame resilience, in justice-involved women as a foundation for supporting desistance.

Eduardo Santos Itoiz has a degree in Law from the University of Navarra and has specialised training in mediation and family guidance. A practising lawyer since 1996, he has worked in criminal mediation in Navarra (2005-2014) and participated in proceedings between victims and former members of ETA (2010-2014). He was an associate professor of Criminal Law (2007-2014) and a deputy in Congress (2015-2019), where he was spokesperson in the Justice Commission.

As Minister of Migration Policies and Justice of Navarra (2019-2023), he promoted the Restorative Justice Law. He has been an advisor to the Generalitat of Catalonia and, now, he is the Secretary of the Council of Navarra.



Summer Course moderated by

John Stafford



John Stafford enjoyed a forty year career in Probation in England, latterly for thirteen years as Chief Probation Officer for Merseyside, until his retirement in 2012. Merseyside under his leadership won more national and international awards for its practice than any other Probation area, including the prestigious British Quality Foundation's U.K. Excellence Award, the first public sector organisation ever to achieve this highest business honour. He was Interim Secretary General of CEP in 2012/2013 and jointly helped organise the first World Congress of Probation.

John remains an ambassador for CEP and has been involved in the Criminal Justice Summer Course since its inception. John was awarded the OBE in 2012 for his pioneering work in the rehabilitation of offenders.

Study visits

As every year, participants of the Summer Course will be offered the opportunity to choose to visit different institutions and organisations working in the various fields of the Catalan Criminal Justice system. More information on the study visits and registration for these will come very soon. Detailed information on the visits will be included in the updated version of this booklet.

Stay tuned!



Criminal Justice Platform Europe

The Summer Course is organised by the Criminal Justice Platform Europe (CJPE) in collaboration with the Centre for Legal Studies and Specialised Training. The CJPE is a partnership of three network organisations working in the fields of probation (CEP), detention (EuroPris) and restorative justice (EFRJ).



The **European Organisation of Prison and Correctional Services** (EuroPris) started its work in 2012. EuroPris is an organisation of and for prison practitioners. Prison Services from jurisdictions in the Council of Europe region can become a member of EuroPris.

The organisation has been established to promote professional prison practice through the facilitation of collaboration, sharing of good practices and knowledge between European prison practitioners. This is realised through the organisation of expert meetings, workshops and conferences. But also through the construction of databases and benchmarking tools. In the past ten years EuroPris developed into a recognised authority on prison matters in Europe. Currently 40 jurisdictions are a member of EuroPris. | More info at www.europris.org.

Founded in 2000 by a group of academics, practitioners and policy makers, the **European Forum for Restorative Justice** (EFRJ) has the aim to contribute to the further development and establishment of victim-offender mediation and other restorative justice practices.



Every person in Europe should have the right of access to restorative justice services, at any time and in any case. Among other activities, the EFRJ supports its members in developing restorative justice across Europe and beyond by building cooperation, publishing research findings, sharing information and knowledge, and organising seminars, conferences, summer schools and events in occasion of the international Restorative Justice Weeks. The EFRJ is a membership organisation with about 450 members, including 70 organisations, across Europe and beyond. | More info at www.euforumrj.org



The **Confederation of European Probation** (CEP) is an umbrella organisation for Probation institutions in Europe. Founded in 1981, CEP brings together practitioners, managers, academics, stakeholders and others working in the field of probation and criminal justice from all over Europe.

The CEP objectives are to unite, build and maintain the networks in probation and criminal justice, continue professionalisation in probation and raise the profile of probation on a national and European level. It promotes pan-European cooperation and exchange of ideas by delivering high-quality activities, making reports available and promoting probation on its website, social sites and in the newsletter. In addition, CEP participates in European projects which compile and study effective policy and practice in probation. To European bodies such as the European Union and the Council of Europe, CEP is the spokesperson for the sector of probation, providing expertise and comparative data. CEP is a member-based organisation with 86 members representing 39 EU countries and 47 EU jurisdictions. | More info at www.cep-probation.org.

Practicalities & Venue

The **Centre for Legal Studies and Specialised Training** (CEJFE) is an autonomous administrative body that belongs to the Ministry of Justice of the Government of Catalonia. It was created in 1990 and its fundamental mission is to organise initial training and continuous education for the staff working at different departments of the Ministry including prison, probation, juvenile justice, victim support and restorative justice among others, with the aim of strengthening and improving the quality of the services provided. It is also a founding member of EPTA (European Prison Training Academies).

Another pivotal activity of the CEJFE is to conduct research in the fields of criminology, enforcement of sentences, administration of justice and the Catalonia's own body of laws. Moreover, it leads university practicum programmes, is home to a specialised public library, organises exchanges with other training and research centres at national and international level, and regularly takes an active part in international exchange and innovation projects. | More information can be found at <http://cejfe.gencat.cat/ca/inici/>



Generalitat de Catalunya
**Centre d'Estudis Jurídics
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