

**Agenda
Prison Staff Wellbeing Workshop
Vilnius, Lithuania
14 – 15 October 2025**

Location: Domus Maria, Aušros Vartų g. 12

Tuesday, 14 October 2025

Moderator: Gustav Tallving, EuroPris Executive Director

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| 08:30 – 09:00 | Registration |
| 09:00 – 09:15 | Welcome and Opening
<i>Gustav Tallving, EuroPris Executive Director</i>
<i>Mindaugas Kairys, Lithuanian Prison Service, Director General</i> |
| 09:15 – 09:30 | Icebreaker Activity: “The Wellbeing Paradox”
<i>Iva Prskalo, Co-Chair of the EuroPris Staff Wellbeing Expert Group, Croatia</i> |
| 09:30 – 10:00 | Challenges and Solutions Resulting from Working Conditions in Prisons: The Case of Norway
<i>Raymond Nielsen and Tommy Fredriksen, Norwegian Correctional Service</i> |
| 10:00 – 10:10 | Introduction of the EuroPris Staff Wellbeing Expert Group
<i>Justina Dzienko, EuroPris Deputy Director</i> |
| 10:10 – 10:50 | From Evidence to Action: Demonstrating the Digital Tool on Prison Staff Wellbeing
<i>David Espina Jimenez, Chair of the EuroPris Staff Wellbeing Expert Group, Catalonia</i>
<i>Debra Slater, EuroPris Staff Wellbeing Expert, England and Wales</i> |
| 10:50 - 11:20 | Coffee Break & Group Photo |

Driver 1 – Health

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| 11:20 – 12:00 | Breaking the Code: Macho Norms & Generational Shifts in Prison Support
<i>Iva Prskalo, Co-Chair of the EuroPris Staff Wellbeing Expert Group, Croatia</i> |
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12:00 – 12:40 **Health and Wellbeing for Prison Governors & Managers, Creative Writing Intervention**
Dr. Helen Nichols, University of Hull, UK

12:40 – 12:50 **Plenary Discussion/Q&A**

12:50 – 13:50 Lunch Break

Driver 2 - Relationship

13:50 – 14:20 **Exploring Relationships as the Foundation of Workplace Wellbeing**
Debra Slater, EuroPris Staff Wellbeing Expert, England & Wales
Davina Bracken, EuroPris, Staff Wellbeing Expert, Ireland

14:20 – 14:50 **Employee Assistance Programme and Peer Support in Ireland**
Shane Kitson, Irish Prison Service

14:50 – 15:10 Coffee Break

Driver 3 – Leadership

15:10 – 15:30 **Leading by Example**
Lee Currie, EuroPris Staff Wellbeing Expert, Scotland
Teijo Mustonen, EuroPris Staff Wellbeing Expert, Finland

15:30 – 17:00 **Leading for Team Effectiveness and Wellbeing**
Dr. Jutta Tobias Mortlock, City St George's, University of London, UK

Wrap-Up

17:00 – 17:15 **Wellbeing Wrap-Up Day 1**

19:00 Dinner hosted by the Lithuanian Prison Service (Restaurant Lokys,
Address: Stikliu str. 8, Vilnius, LT-01131)

Wednesday, 15 October 2025

Moderator: *Justina Dzienko, EuroPris Deputy Director*

09:00 – 09:30 **“You have to be fluid”: Exploring prison officer types and their relationship with staff-prisoner relationships and burnout: A mixed methods study**
Dr. Sinead Meade, Queen's University Belfast, Ireland

Driver 4 – Environment

09:30 – 10:30 **Profiles, Perspectives, and Experiences**
Elena Nanni, EuroPris Staff Wellbeing Expert, Italy
Jozef Valuch, EuroPris Staff Wellbeing Expert, Slovakia

10:30 – 11:00 Coffee Break

Driver 5 – Purpose

11:00 – 11:40 **Map of Meaning: Exploring Purpose in Correctional Work**
David Espina Jimenez, Chair of the EuroPris Staff Wellbeing Expert Group, Catalonia
Virginija Stoniene, EuroPris Staff Wellbeing Expert, Lithuania

Closing

11:40 – 12:40 **World Café: Exploring the 5 Drivers**
David Espina Jimenez, Chair of the EuroPris Staff Wellbeing Expert Group

12:40 – 13:00 **Closing & Feedback**

13:00 – 14:00 Lunch

14:00 – 16:00 Prison Visit