Are you in prison in a foreign country?

Did you know your government's consular staff may be able to provide welfare support and contact other organisations that can help you?

The role of your government's consular staff may be to provide impartial, non-judgmental support to their citizens arrested or imprisoned abroad by:

- visiting you and checking your welfare;
- talking about health issues and safety concerns;
- providing information on the local legal system;
- helping you find local legal advice;
- helping you contact your family;
- put you in touch with organisations that can help.

Consular staff will often have links to other organisations that can support you. Consular staff for the following countries can link you directly to the organisations that have developed this poster:

- The **UK** government works closely with the charity **Prisoners Abroad** (for British citizens).
- The **Dutch** government has the **International Bureau Dutch probation** (for Dutch citizens).
- The **Irish** government works closely with the charity **Irish Council for Prisoners Overseas** (for Irish citizens).

Ask prison staff to put you in contact with your embassy for more information.

Prisoners Abroad

bureau buiteNLand
International Bureau Dutch Probation

ICPO
IRISH COUNCIL FOR PRISONERS OVERSEAS